

Protect Your Family From Dangerous Diseases!

- Diphtheria (DTaP/Tdap)** - A severe throat infection that can make it difficult to breath
- Haemophilus Influenzae type B (Hib)** - An infection that can damage the ears, eyes, lungs, and brain
- Hepatitis A (HepA)** - A liver disease that can also cause fatigue, loss of appetite, and nausea
- Hepatitis B (HepB)** - A severe, sometimes long-term liver disease that can lead to liver cancer or liver failure
- Human Papillomavirus (HPV)** - An infection that can cause cervical cancer in women and anal cancer in both men and women
- Influenza (Flu)** - A seasonal infection that can cause fatigue, fever, soreness, and difficulty breathing
- Measles (MMR)** - A severe, contagious disease that can causes a rash and high fever and can lead to hearing loss and brain damage
- Meningitis (MCV4)** - An infection of the tissue around the brain and spinal cord
- Mumps (MMR)** - An infection that cause swelling of the cheeks and can lead to hearing loss, brain damage, and sterility in males
- Pertussis (DTaP/Tdap)** - A disease that causes a severe, persistent cough that can make it difficult to breath
- Pneumococcal Disease (PCV13)** - An infection that causes fever, difficulty breathing, and can lead to a number of other diseases
- Polio (IPV)** - A disease that can lead to life-long physical disability

- Rotavirus (RV)** - An infection that causes severe vomiting and diarrhea causing severe dehydration
- Rubella (MMR)** - A disease that causes a full-body skin rash and can be passed to a pregnant women's child
- Tetanus (DTap/Tdap)** - A disease that can cause muscle stiffness and difficulty breathing
- Varicella (Var)** - An infection that causes an itchy skin rash and fever that can be particularly dangerous for teenagers, adults, and pregnant women.

More Information and Resources

If you have any questions about vaccines or how you can get yourself and your family vaccinated, contact your primary car doctor or pharmacy.

Other helpful resources include:

The Arizona Partnership for Immunization (TAPI)
www.whyyimmunize.org

The Arizona Department of Health Services
Arizona Immunization Program
<http://azdhs.gov/phs/immunization/>



Vaccinate Your Children!



Refugee Health Program
Arizona Department of Health Services

The Basics

What is a Vaccine?

A vaccine prevents a healthy person from getting certain diseases by teaching the body how to recognize and fight them. They usually come in the form of shots but can occasionally be nasal sprays.

Why are vaccines important?

Ensuring that your family receives all of their vaccines is one of the best ways to keep them healthy. Vaccines are safe ways to prevent a lot of very dangerous and sometimes deadly diseases. Young children are particularly likely to get sick because their bodies are not as effective at fighting disease, so it is important to get your child vaccinated as soon as possible. Schools also require children to have their vaccines before they are allowed to attend.

When should I get my child vaccinated?

Doctors recommend that children receive different vaccines at certain ages. Some vaccines also require more than one dose in order to stay effective. The chart on the right shows the recommended vaccination schedule from birth to 18.

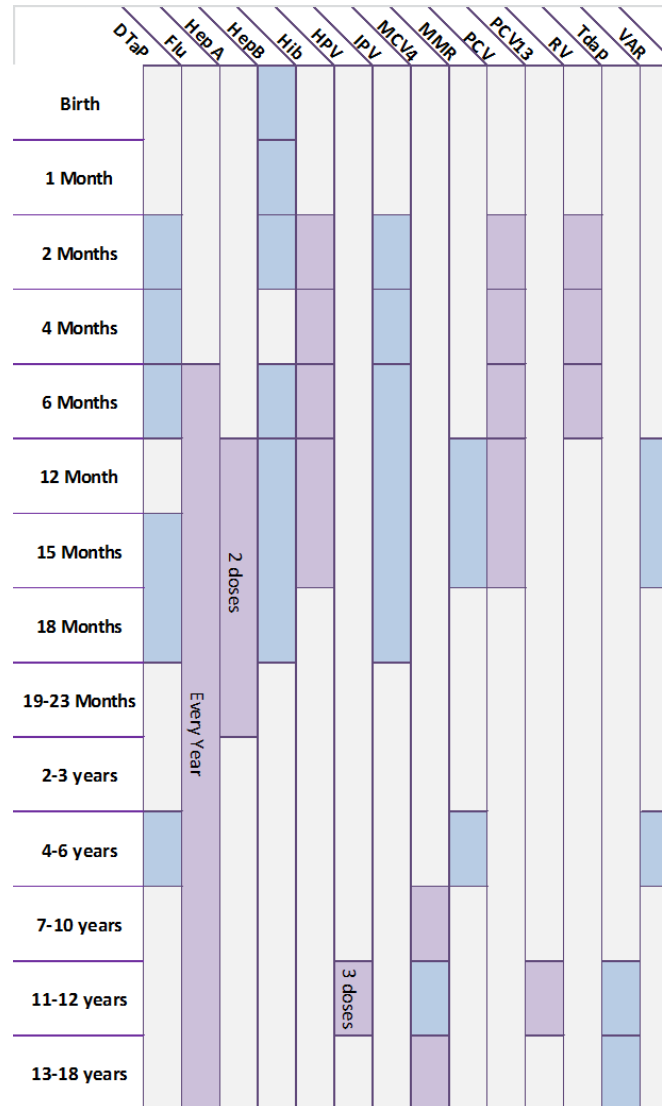
Where can I get myself and my family vaccinated?

You can get vaccinations from your primary care physician, your pharmacy, and from some other healthcare professionals. Talk to your primary care doctor about the way that makes the most sense for you.

What does it cost to get vaccinated?

Childhood vaccinations should be covered by AHCCS and other insurance plans. Children can also receive free vaccines up until the age of 19.

Vaccination Schedule



Each box represents one recommended vaccine dose.
Each blue box represents a vaccines required for school.

Common Questions and Concerns

My child has not received all of the vaccines shown on the chart. Can they still be vaccinated?

Yes. There are special schedules that allow anyone who is behind to receive any vaccines that they have missed. Talk to your primary care doctor about the best way to catch your child up on their vaccines.

I am an adult and I have not been vaccinated. Are vaccines important for me, too?

Yes. Vaccines are important for everyone. They can protect both adults and children from many dangerous diseases. Also, in order to apply for green cards and US citizenship, applicants are required to be vaccinated against the following diseases: mumps, measles, rubella, polio, tetanus, diphtheria, pertussis, haemophilus influenzae b (hib), and Hepatitis B. If you think you may need vaccinations, talk to your primary care doctor.

Can vaccines make it harder for the body to fight disease?

Some people are concerned that vaccines make it harder for the body to use its own resources to fight disease. In reality, the opposite is true. Vaccines teach the body to effectively use its natural ability to recognize different diseases and fight them before you can become sick.

Can vaccines make my child sick?

Vaccines cannot give you the disease that they are supposed to protect against. There is also no evidence that vaccines can cause other diseases, like autism. It is possible to have an allergic reaction to a vaccine, but these cases are very rare and are much less likely than getting a serious disease if you do not get vaccinated.